



KCA TOOL BOX TALK: Step Ladders

Taking proper precautions with ladders begins with choosing the right ladder. Consider the type of work the ladder will be used for, the weight the ladder must carry, and the condition of the ladder.

Signatures

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Preventing Injuries from Improper Use of Ladders:

- Inspect the ladder before every use
- Place a portable step ladder so that all feet have secure footing
- Always face the ladder when moving up or down
- Always have three points of contact with the ladder for proper balance
- Never stand on the top step or very top of the ladder
- Think about whether there is a safer way to do the work other than using a ladder

For more information visit OSHA REGULATIONS: 1926.1053