



KCA TOOL BOX TALK: How to use Narcan

Naloxone acts in **two to three minutes**. If the person does not wake up in three minutes, bystanders should give a second dose. (Rescue breathing should be done while you wait for the naloxone to take effect so that the person gets oxygen to his or her brain.)

Signatures

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____

Narcan doesn't have an effect on a person who's sober from opioids. ("Sober" means they don't have any opioids in their system.) If you suspect, but aren't certain, that a person has overdosed on opioids, you should still give them a dose of Narcan.

How to Administer Nasal Spray Narcan:



- Check if person is breathing
- Open the narcan
- Spray into the nose
- Continue rescue breathing
- Give another dose if necessary

How to Administer Injectable Naloxone:



- Check if person is breathing
- Prepare the injection
- Inject a straight injection into muscle
- Wait for it to take effect
- Inject another dose if necessary



The tip of the nozzle of Nasal Spray Narcan should be gently inserted into one nostril, until your fingers on either side of the nozzle are against the bottom of the person's nose. Press the plunger firmly to give the dose of Narcan® Nasal Spray. Remove the Narcan® Nasal Spray from the nostril after giving the dose.

Injectable Naloxone should go into **the muscle of the thigh, buttocks, or arm**. Don't insert the needle at an angle, administer the Narcan in a straight shot. Wait for it to take effect. As with the nasal spray, the injection of Narcan can take several minutes to take effect.